



## Eastminster Cross Country

**Come out and Join the Eastminster Co-ed Cross Country Team!**

Your coach will be Terri Hill!

Junior varsity races (13 – 16 years old) are 2 miles long and begin at 9:35am.

Junior races (12 years or younger) are 1.5 miles long and begin at 10:05am.

All meets are held on Saturday Mornings at different locations in Atlanta.

Practices will be held after school on Tuesdays from 3:30 – 4:30.

Uniforms will be provided for each member of the team, but each student is responsible for purchasing appropriate footwear.

The complete schedule is listed below:

<b>Date</b>	<b>Event</b>	<b>Location</b>	<b>Time</b>
Tuesday, 8/30	Practice	Eastminster School	3:30 – 4:30
Tuesday, 9/6	Practice	Eastminster School	3:30 – 4:30
Tuesday, 9/13	Practice	Eastminster School	3:30-4:30
Saturday, 9/17	Meet	Clinton Farms, Douglasville	8:15
Tuesday, 9/20	Practice	Eastminster School	3:30 – 4:30
Saturday, 9/24	Meet	Boundary Waters Park, Douglasville	8:15 am
Tuesday, 9/27	Practice	Eastminster School	3:30 – 4:30
Saturday, 10/1	Meet	Boling Park, Canton	8:15 am
Tuesday, 10/4	Practice	Eastminster School	3:30 – 4:30
Saturday, 10/8	OFF	NO MEET	-
Tuesday, 10/11	Practice	Eastminster School	3:30 – 4:30
Saturday, 10/15	Meet	Trinity Chapel Academy, Powder Springs	8:15 am
Tuesday, 10/18	Practice	Eastminster School	3:30 – 4:30
Saturday, 10/22	<b>Championship Meet</b>	Clinton Farms, Douglasville	8:15 am

Please complete all of your necessary paperwork and turn in your payment of \$50.00 if you would like to join the team!

**\*\*Turn in everything to Morgan Pye by the first practice on 8/30\*\***